



A fast growing cover crop easy to establish 50 - 70 day crop that can be sown between April and September.

Unlike white mustard, it is winter hardy.

It will improve the health of the soil by increasing organic matter and acts as an excellent weed suppressant.

It is also especially useful as over-wintering green cover after maize, potatoes and sugar beet crops, reducing soil erosion, fertiliser leaching and water run-off.

## Ratings

### Cover Crop



### Feed Crop



### Nectar Source



Seed Rate	Pack Size	
2.5 - 7.5kg/ha	5kg & 25kg	U